

DNA TRIPLETS

God initiates and pursues a relationship with us. He sent Jesus to rescue you from sin, restore the world and give you a place in His family. God doesn't just want you to know information about who he is or what he has done, but he wants you to grow and cultivate a personal relationship with Him. God continues to speak to us in profound and transformative ways through the Bible, through others and creation itself.

What are DNA triplets?

A DNA triplet is a group of three to five believers who commit to meeting outside our Gathered Worship. This is the place to share what God has been saying to you, study the Bible, be known deeply by another and held accountable to what God is calling you to do in obedience.

As a church we believe it is important to intentionally care for one another holistically and with accountability. Our DNA triplets are a great place to give and receive encouragement in our discipleship journey.

DNA's are intended to be flexible. When you meet up you could choose to share what you are learning, discuss what God has been saying to you or how you are tracking in your relationship with him. There are also resources provided for more guided meetings.

Each time you meet the DNA will follow the simple framework.

- Discover God
- Nurture the Heart
- Act in Obedience

We recommend meeting fortnightly however as a group establish what regular rhythm will help you nourish your faith by drawing near to God. DNA's require high commitment, we strongly urge your group to agree on a regular time, place, and duration of meeting. Your group is dependent on humility, openness, and honesty within one another.



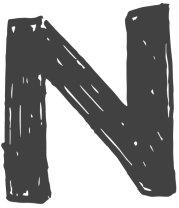
Each time you gather follow this framework:



DISCOVER GOD

You may choose to work through this content within the triplet or before you meet. Each person shares what they have heard from God in what they have read or encountered in the past week. Then spend time in scripture reflecting and discussing how you can respond in obedience.

Each time a DNA triple meets we want each person to be reminded of the good news of Jesus. To discover truth about who God is, what he's done, who we are, and how we are called to live.



NURTURE THE HEART

At Sent Collective we want to experience transformation of not only our minds, but our hearts. Often there are things we know but they don't necessarily align with what we believe.

As we nurture our hearts, each person spends time reflecting on how they are going in their relationship with God and honestly repenting of their sin. This gives space for members to be real with one another and sharing the good news of Jesus' work for us. Reflecting on our brokenness and God's goodness encourages us in our faith and enables us to believe.



ACT IN OBEDIENCE

As we study the Word, pray with one another, reflect on what God has said and listen to the Spirit, it is to help us grow as disciples. Often God challenges us to live differently and DNA triplets help set accountability for how we can act in obedience.

In this time member consider opportunities to live out what you have studied and discussed. This is also a place where members share how they are going with spiritual conversations they are having with their people of peace. Share how you plan to weave this person into your community. Then pray for them by name for God to save them.

This is a safe, honest, vulnerable, and confidential environment. Here are a few accountability questions you may also want to adopt as a group.

- How has your anger or fear or anxiety or struggle shown up this week?
- How does that reveal what you're trusting in besides God?
- How have you wasted time?
- What truth or promise of the gospel do you need to hear and believe to trust in God again?